
Facts and Comments 2015

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Abstract

The following work is a chronicle and review compiling the most important scientific events in the field of martial arts, which took place between December 2014 and December 2015. There are also analyses and reflections on the events, research and publications in the fields of cultural tourism, cultural dialogue and sport science. There are also notes describing a series of conferences, seminars and workshop including the 22nd General Assembly Commemoration Symposium in Rzeszow, the 1st Wroclaw Congress of Chinese Martial Arts and the 4th IMACSSS International Conference.

The Chronicle also mentions those people who have contributed significantly to the study of martial arts and social studies: Werner Lind, Tadeusz Kochanowski, Barbara Krawczyk and Kazimierz Obodynski. The paper also includes a list of people promoted to higher ranks, honoured with awards or rewarded in other ways. New members of the IPA and new publications in the widely-understood area of martial arts science, social studies, anthropological studies, physical culture and tourism are listed.

New Science and Martial Arts Degrees / Awanse naukowe i w sztukach walki

Mgr Grzegorz Blazejewski (Błazejewski, PL) – scientific degree: doctor of physical culture sciences (AWF, Katowice)

Mgr Sławomir Koziol (PL) – scientific degree: doctor of physical culture sciences (AWF, Cracow)

Mgr Magda Kunysz-Rozborska (PL) – scientific degree: doctor of physical culture sciences (AWF, Poznan, Gorzow Wielkopolski branch)

Prof. *Dr mult.* Sven R. Hooge (D) – 10 dan *te-katana-do* (DFK – Dan-Federation of Zen-Do-Karate Tai-Te-Tao and Budo, IPA)

Sensei Alain Floquet (FR) – 9 dan *aikibudo* and *hanshi* title, 8 dan *kobudo* (FIAB, CERA)

Prof. Dr Wojciech J. Cynarski (PL) – 9 dan *jujutsu* and *hanshi* title (EMAC), 8 dan *karate* and *hanshi* title (DFK, DKKF – German Martial Arts Federation, IPA)

Dr Oliver Koenig (A) – 9th level, Grandmaster title in *WingTsun kung-fu* (EWTO)

Sensei Hannelore Sieber (D) – 8 dan *karate* and *hanshi* title (IPA)

Prof. Dr Helmut Kogel (D) – 8 dan *kobujutsu* and 8 dan *kyushojutsu* (Okinawa)

Sensei Antoni Zajkowski (PL) – 8 dan *judo* (Polish Judo Association)

Sensei Stanisław Cynarski (PL) – the *okuden shihan* title from *Idokan* (IPA)

Hanshi Harald Weitmann (D) – the *shihan* title (IPA, Division of Karate)

Dr Roland J. Maroteaux (FR) – the *chuden menkyo* in *jujutsu Mondo-ryu heiho*

Sensei Piotr Jaskolski (PL) – 5 dan *aiki-jujutsu* Okuyama-ryu

Sensei Maciej Murzyniec (PL) – 5 dan *kendo* (Japan)

Sensei Paweł Szlachta (PL) – 4 dan *jujutsu Idokan Yoshin-ryu* (IPA)

Prof. Dr Carlos Gutierrez-Garcia (E) – 4 dan *judo* (IPA)

Prof. Dr Zdenko Reguli (SK) – 4 dan *goshinjutsu* (IPA)

Dr Michal Vit (CZ) – 3 dan *goshinjutsu* (IPA)

Senpai Christian Brandt (D) – 3 dan *iaido* (IPA, DFK)

Dr Michal Pedracki (PL) – 2 dan *tangdoodo* (USA)

New IPA Members / Nowi członkowie SIP

Prof. Dr Helmut Kogel (D) – doctor of medicine and 8 dan *kobujutsu*, honorary member of Shibu Kobudo

Dr John Johnson (USA) – English teacher, 6 dan *hapkido*, 5 dan *taekwondo*

Dr Krzysztof Kubala (PL) – specialising in philosophy and sociology

Mgr Eng. Jewgen Cymbaluk (Ievgen Tsymbaliuk) (UA) – MA in IT, 1 kyu *jujutsu*

Mgr Piotr Telesz (PL) – physical culture sciences, MA in PE

Mgr Romuald Wlodyka (PL) – MA in Physiotherapy and PE, expert in natural medicine, 7 dan *bujutsu ido, kyoshi*

Mgr Anna Wysokinska-Zajchowska (PL) – MA in Philosophy

Obituaries / Odeszli

Sensei **Werner Lind** (30.10.1950-21.12.2014), Romanian-German teacher of karate and martial arts, encyclopaedist, researcher-historian and creator-promoter, of BSK – *Budo Studien Kreis*, 8 dan *karate*, *kyoshi*.

Mgr **Tadeusz Kochanowski** (1928 - 22.02.2015, PL), co-founder and first president of the Polish Judo Association, 10 dan *judo* recognized by IPA, holder of high honorary degrees in *jujutsu* and *karate*. He was an Associate Professor at the Academy of Physical Education in Warsaw, an IPA collaborator, a person of great merits not only in respect of *judo*, but also for teaching self-defence and close combat in the army [cf. Cynarski (2009), *Martial Arts – Ido & Idokan*: 152-153].

On 28 August the funeral of Dr **Barbara Krawczyk** (3.12.1931-20.08.2015) was held in Warsaw. Mrs. Krawczyk, the daughter of a Polish officer Mieczyslaw Targowski and Prof. Zbigniew Krawczyk's wife, specialised in the sociology of sport. She was awarded, among others, the Knight's Cross of the Order of Polish Rebirth and the Gold Cross of Merit.



Photo 1. Prof. Dr Kazimierz Obodynski (Oct. 21, 1941 – Oct. 14, 2015) [Faculty of PE, UR]

Prof. zw. dr hab. **Kazimierz Obodynski** (photo 1), 3 dan *jujutsu*, 2 dan *judo-do/ido*, 1 dan *aiki-jujutsu*, co-founder and vice-president of IMACSSS, vice-president and honorary member of the IPA, deputy editor of our magazine, researcher and author of works on martial arts, died on Oct. 14, 2015 in a car accident. He was almost 74 years old. He was a Full-Professor in physical education, longtime dean of the Faculty of Physical Education at the University of Rzeszow, active in many sports organizations and scientific institutions. [More about Prof. Obodynski's scientific

achievements and the man himself in: Cynarski W.J. (2008), *Profile and achievements of Professor Kazimierz Obodynski* [in:] W.J. Cynarski, A. Nowakowski, S. Zaborniak [eds.], *Studies on the history and theory of physical culture. The jubilee book dedicated to Professor Kazimierz Obodynski*, Rzeszow University Press, Rzeszow, pp. 13-23, in Polish]

Awards / nagrody i odznaczenia

Prof. zw. Dr hab. **Andrzej Pawlucki** – Award of the Minister of Science and Higher Education (UK) in the category “Research for the benefit of society” for 2014. Prof. Pawlucki represents the humanistic side of physical culture sciences.

Pope Benedict XVI received the honorary title of *doctoratus honoris causa* from the authorities of the two universities in Cracow: the Medical College and the University of John Paul II (Gastel Gandolfo, July 4, 2015).

Prof. zw. Dr hab. **Wieslaw Osinski** (PL) received the title of *doctoratus honoris causa* at the J. Pilsudski University of Physical Education in Warsaw (Warsaw, October 27, 2015).

Prof. zw. Dr hab. **Włodzimierz Starosta** (PL), President of IASK, received the Distinguished Service Award from the United States Sports Academy.

Prof. Dr **Zbigniew Czajkowski** (PL) – outstanding fencing coach, collaborator on our magazine, received the “Distinguished for Physical Education in Katowice” award and *fair play award*.

Hanshi **Abderrahim Mazouzi** (Maroco), 8 dan – Medal of Honour WTMF (World Takeda-ryu Maroto-ha Federation).

During the 22nd General Assembly Commemoration Symposium in Rzeszów, Dr **Juliusz Piwowarski** (PL) was presented with the IPA 20th Anniversary Medal, while Dr *hab.* **Milan Duricek** (SK, president of the Committee of Tourism, IPA) received the same Medal during the celebrations of the 10th anniversary of the Faculty of Physical Education UR.

DDBV Presidium presented the Golden Badge of Honour for 25 years membership and activity in martial arts to: **Reinhold Bartels, Christian Dauber, Manfred Marwan, Siegfried Sedlmeier, Rolf Walter and Harald Weitmann**.

Conferences and Other Important Events / Konferencje i inne ważne wydarzenia

70 years after World War II

Auschwitz. Prof. Dr Fuminori Nakiri (President of JAB) and Prof. Dr Wojciech J. Cynarski (President of IMACSSS) seen praying in front of the wall of death at



Photo 2. Prof. Nakiri and Prof. Cynarski in Auschwitz [courtesy of Dr K. Kubala].

the German Nazi concentration/extermination camp Auschwitz (photo 2). World War II was a time of disgrace for barbarians and glory days for heroes such as Witold Pilecki (photo 3) – one of the bravest soldiers in Polish history.

Munich – Neuffen – Weichs (D), Feb. 8-15, 2015. The Seminar “Cultural and Social Aspects in Martial Arts” under the auspices of DDBV and IPA. The organizers were Mr Bodo Blumentritt, president of DDBV, and Prof. EJKC Lothar Sieber, leader of the Honbu – Sport School (Jiu-Jitsu und Karate Schule L. Sieber) in Munich, and the Honorary President of IPA. Prof. Dr Wojciech J. Cynarski, president of IMACSSS and IPA, was co-organiser and a participant in this event. During the seminar interesting scientific debates and methodological workshops took place.

Rzeszow (PL), April 11. 22nd General Assembly Commemoration Symposium in Rzeszów, and the 6th Symposium of IPA “Martial Arts in Scientific Research” organized by IPA in cooperation with the Faculty of PE, at the University of Rzeszow under the patronage of the Rector and President of IMACSSS. 7 papers taking a humanistic approach to a number of problems were presented and discussed, e.g. Dr Juliusz Piwowarski: the culture of safety; Dr Stefania Skowron-Markowska: YMAA in Poland and Dr Gabriel Szajna: the Starzewski fencing school.

Aufhausen/Weichs (D), April 18-19. General Assembly DDBV: ordinary reporting meeting and instructor seminar. The programme included “first aid” (lecturer: Hubert Boeck), “*budo* history” (Wolfgang Kroetz).

Rzeszow, April 23-24. 2nd International Scientific Conference of Students and Young Scientists “Physical culture in the era of the 21st century”. Representatives of 11 countries participated in it. 5 papers concerned the area of CS/MA: Jacek Gajewski (IPA) – Chess and



Photo 3. Colonel Witold Pilecki, Leliwa coat of arms (1901-1948) [Wikipedia.pl]

fencing; Justyna Glinska-Wlaz (UR) – on MMA; Serhii Kuryliuk (VSPNU Ivano-Frankivsk) – on judoist's burn-out syndrome; Iwona Strek (UR) – about karate training; Piotr Matlosz and Grzegorz Domino (UR) – on motor abilities of Polish judo athletes. However, there was no separate thematic session. The head of the Scientific Committee was Prof. Dr Wojciech Czarny.

Chelyabinsk (RUS), May 9-10. 5th International Symposium for Taekwondo Studies, organized by IATR – the International Association for Taekwondo Research, and Dr Jong Kook Song, IATR President. One of the invited keynote speakers was Prof. Dr W.J. Cynarski, however, he did not participate in this event.

Jaroslaw (PL), May 21-22. The Institute of Humanities at the State Higher School of Technology and Economics in Jaroslaw organized the International Scientific Conference on "Quality of life as an interdisciplinary category, with particular emphasis on pedagogy – a systemic approach". The Scientific Committee included: Prof. Dr Czeslaw Lewicki (president), Prof. Dr W.J. Cynarski, Prof. Dr Igor Kominarec, Doc. Dr Wojciech Blazjewski. Debates were conducted at the "Coloseum" Hotel.

Hockenheim (D), May 22-25. Grand International EWTO Event (Seminar): "Form follows function". Professors and GM Keith R. Kernspecht, Bill Newman, Giuseppe Schembri and Dr Oliver Koenig taught over 300 participants. Next year a similar, or even bigger event is planned for the 40th anniversary of EWTO.

Lublin (PL), May 27-28. International Scientific Conference: *Quality of tourist services and promotion of healthy lifestyle*. The event was organized as part of the project: *A Pole and Hungarian two brothers – adaptation of Hungarian solutions in the education of human resources in the tourism industry* at the University of Life Sciences in Lublin financed by the European Social Fund. The main organiser was Prof. Dr Boguslaw Sawicki. Two books were published: A.K. Mazurek-Kusiak [ed.], *Managing the quality of tourism services*, Lublin, pp. 571, and B. Sawicki [ed.] *Promotion of healthy lifestyle in European countries*, Lublin, pp. 699 [all full texts – in English and Polish].

Cardiff (UK), June 10-12, 2015. Conference on Martial Arts Studies. Dr Paul Bowman was the organizer, Professors Stephen Chan, Meaghan Morris, Douglas Farrer, and Dr Ben Judkins were the key speakers. Discussions were conducted with a small group of media experts and anthropologists.

Dublin (Ireland), June 10-13, 2015. "Sport, Unity & Conflict"; 12th EASS Conference. An interesting session on "Lifestyle sports", which was led by Prof. Wojciech J.

Cynarski, included such speakers as Prof. Daniele Strechle (a paper on parkour) and Prof. Hitoshi Ebishima (on cycling). There were also meetings of the EASS Board, the EJSS Board, and the MEASURE Group.

Chlapowo / Wladyslawowo (PL), July 19-25, 2015. 23rd IPA Summer Camp with workshops in *Zendo karate* (*kata* 1-4, special techniques), *karate-do* (*Yangtsu kata*), *Idokan Yoshin-ryu jujutsu* (self-defence, 25 *renzoku-wazas*), and forms with traditional weapons: *kenjutsu*, *iaido*, *kobudo*. It was conducted under the supervision of GM W.J. Cynarski *hanshi*, who was a master-teacher.

Bangkok (Thailand), July 31 – Aug. 1, 2015. According to Prof. Lee Yong-Yong, President of the International Society of Eastern Sports and Physical Education, it was the 26th ISESPE Conference (in total, since 1995), with 100 peace-sports workshops. It was held in Thammasat University Rangsit campus. Although the Conference is not big it is important for the anthropology of sport (local, traditional sports) and physical culture.

Zloty Potok (PL), Sep. 7-9, 2015. 5th Scientific Conference of the Polish Society of the Social Sciences of Sport: "Sport and tourism in the light of social sciences: history, current state, and challenges". It was attended by approx. 50 people from various scientific centres in Poland. Particularly interesting for martial arts researchers was the session: the Pedagogy and Sociology of Sport with papers by W.J. Cynarski (*Kata – technical forms in teaching karate*) and Jan Ozdzinski (*The social value of physical activity from an intercultural perspective*).

Bratislava (Slovakia), Sep. 16, 2015. Scientific conference with international participation: *Cultural-anthropological problems of current sports*. It was an interesting scientific meeting of researchers from a few countries. Prof. W.J. Cynarski and Dr Gabriel Szajna presented a paper: *Anthropology of martial arts: women warriors*.

Biala Podlaska (PL), Sep. 17-18, 2015. 13th International Scientific Conference of Sport Kinetics – Sport and Exercise for Health and Quality of Life, and the 6th Conference – Coordination Abilities in Physical Education, Sports and Rehabilitation under the scientific patronage of the International Association of Sport Kinetics (IASK). Prof. Wlodzimierz Starosta was the main organizer of this important and interesting annual conference.

Wroclaw (PL), Oct. 24-25, 2015. 1st Wroclaw Congress of Chinese Martial Arts. Confucius Institute at the University of Wroclaw. It was organised by Dr Stefania Skowron-Markowska [photo 4]. The first day was a conference: "Chinese martial arts in the humanities". The invited keynote speaker was Prof. W.J. Cynarski



Photo 4. Dr Stefania Skowron-Markowska, second from the left – Wrocław 2015 [courtesy of P. Pawelec]

with a presentation: *Impact of Chinese martial arts on the technique of Idokan Yoshin-ryu school*. 14 papers in total were presented in four panel sessions. On the second day there were workshops in *kung-fu & taiji quan*, as well as a demonstration of Chinese martial arts.

Budapest (H), Nov. 12-14. 7th ISSSS Conference. A successful conference, attended by the older generation of social researchers in sport (K. Heinemann, A. Pawlucki and G. Szabo Foldesi). There were only two papers devoted to martial arts by W.J. Cynarski, J.H. Yu: *Technical forms in teaching karate and taekwondo* and T. Kitamura *et al.*: *What students have learned from budo: A qualitative evaluation of budo education*.



Photo 5. A group of participants of the Symposium of IMACSSS, Brno 2015 [courtesy of the Faculty of Sport Studies, MU]

Brno (CZ), Nov. 18-20. 4th IMACSSS International Conference combined with the 10th International Conference on Kinanthropology. The organizer was the Faculty of Sport Studies at Masaryk University. The researchers gathered at the IMACSSS debated during a specialist symposium at the Hotel Continental (19th November, photo 5) and a symposium on sports injuries (UM, 20th Nov).

Seoul (Korea), Nov. 21-22. KAMA – the Korean Alliance of Martial Arts organized a conference “Martial Arts and traditional sports in Asia: history, politics and culture”. Specialist in martial arts were invited– Fan Hong (history of *wushu*) and Xiaoyan Su (Shaolin).

New Publications / Nowe publikacje

Barth Berndt, Wieneke Frank (2013), *Judo. Modern Offspring Training*, Meyer & Meyer, Aachen, 168 pp. [in German].

Prof. Barth and *judoka* F. Wieneke have written a practical handbook for coaches on teaching and upbringing through *judo*. This publication is worth reading.

Blazejewski Wojciech (2013), *Canon of the efficiency and effectiveness of general education in Poland*, Rzeszow University Press, Rzeszow, 435 pp. [in Polish].

Doc. Blazejewski wrote this dissertation on general education where the theoretical and empirical parts are both well-covered. However, the problems of physical education have been completely ignored here.

Ettl Gerhard, Treiber Fritz (2013), *Mixed Martial Arts: The most effective techniques*, Motorbuch, Stuttgart, 255 pp. [in German].

This book results from the popularity of MMA events. The choice of “most effective” techniques is relative and usually subjective.

Funck Caroline, Cooper Malcolm (2013), *Japanese Tourism: Spaces, Places and Structures*, Berghahn, New York – Oxford, 244 pp.

This study is interesting, however it completely lacks any reference to martial arts tourism. Maybe this will be included in the next edition?

Jones Robyn L., Kingston Kieran [eds.] (2013), *An Introduction to Sports Coaching. Connecting theory to practice*, Routledge, London, 260 pp.

This is the second edition, under the scientific auspices of Prof. Jones and Dr Kingston. The book is in 5 parts and 14 chapters which cover: pedagogy, skill acquisition, psychology, physiology, injuries, performance analysis, sociology, history and philosophy. It is all written in a manner accessible to coaches of different sports.

King Thomas (2013), *Self-defence for girls*, Windsor Verlag, 105 pp. [in German].

Dr King wrote earlier about self-defence for women. This time he proposes a tutorial for girls. It is probably a step in the right direction, however it resembles learning to swim at an early stage. The manual itself (without regular exercises under the supervision of a competent instructor) will not provide any real skills.

Miller Aaron L. (2013), *Discourses of Discipline. An Anthropology of Corporal Punishment in Japan's Schools and Sports*, Institute of East Asian Studies, Berkeley, 246 pp. The University of California at Berkeley has published this book, which is part of a reflection on physicality in conjunction with physical culture and education. A weaker side of this book is the entanglement of its narrative with postmodern mannerisms and the critique of the specific culture of discipline from that perspective.

"Physical Education and Sport", June 2013, vol. 57, no. 3, pp. 77-124.

This issue was published in April 2015. It contains five works including an interesting article by W.J. Cynarski: *Cultural dialogue of European Idokan* (pp. 111-121). All texts are printed only in Polish.

Reinisch Stefan, Marek Maria (2013), *Budo principles in training and fighting*, Motorbuch, Stuttgart, 174 pp. [in German].

This is a very general paper about the core issues – a publication which is more for newcomers. In such a small volume it is impossible to capture the specificity of the variety of martial arts, constituting *Budo*.

Schwenk Jochen, Schmidt Andreas (2013), *A strong tease: More success in martial arts*, Motorbuch, Stuttgart, 109 pp. [in German].

Exercises to strengthen the neck and nape of the neck are described and shown in 120 illustrations. It may be a useful guide for people practising martial arts.

Albrecht Maik, Rudolph Frank (2014), *Violence. Self-protection against thugs. With an essay by Norman "Siddhartha" Gerhardt*, Palosander, Chemnitz, 226 pp. + advertising [in German].

The authors try to prove the thesis that classic *wushu* can be used in self-defence. But in self-defence you can actually use anything: an umbrella, jacket, shoe, so old *kung-fu* can be useful.

Borysiuk Zbigniew, Kostorz Jerzy [eds.] (2014), *Axiological dimension of sport. Olympics of knowledge and values in sport*, Wydział Wychowania Fizycznego i Fizjoterapii Politechniki Opolskiej, Wydział Teologiczny Uniwersytetu Opolskiego, Opole, pp. 272 + advertising [in Polish].

Two departments at the two Opole universities have jointly published this interesting book, which contains works by 19 authors, including Prof. Andrzej Pawlucky and Prof. Zbigniew Dziubinski. It is quite a broad, humanistic reflection on sport.

Correa da Silva Bruno Victor, Neme Ide Bernardo, de Moura Simim Mario Antonio, Marocolo Moacir, Ribeiro da Mota Gustavo (2014), *Neuromuscular responses to simulated Brazilian jiu-jitsu fights*, "Journal of Human Kinetics", vol. 44, pp. 249-257.

N = 23 BJJ athletes were surveyed. The data suggest that BJJ simulated fights requiring a significant anaerobic contribution of ATP supply. It was 3 times 10 min fight with 15 min of rest.

Gajewski Jacek, Konikowski Jerzy (2014), *Queens of 64 squares*, Wydawnictwo J. Gajewski, Sandomierz, 198 pp. [in Polish].

Mgr Gajewski is a chess instructor and judge. Konikowski is a chess master and first class coach. Together they have created an interesting book devoted to the best female chess players in Poland and around the world, champions of this royal game.

Habersetzer Roland (2014), *Tengu-ryu karate-do: fundamental martial practice of the 'empty hand'*, Budo Editions, 304 pp. [in French].

The author (Prof. EJKC, *soke* of the school, 9 dan *karate, hanshi*) presents his opinions on the fundamental aspects of *karate*: It is a manual, published in the "Sempai" series.

Kernspecht Keith R. (2014), *Inner WingTsun! - Coursebook*, EWTO-Verlag, 361 pp.

Prof. Dr K.R. Kernspecht (10th level, Grandmaster in WingTsun) has written this new book on his style, as inner kung-fu, which is published in English. It is full of important content and tells a great story about the school. It is also the application of the author's new ideas into the practice of martial arts study. 90 photos, that present martial arts experts and historical events or places, illustrate the content.

Kozyra Agnieszka [ed.] (2014), *Zen and martial arts*, Polska Fundacja Japonistyczna, Uniwersytet Warszawski, Japonica, Warsaw, 240 pp. [in Polish].

This interesting book about Zen Combat was published last year. However, it is not true that the philosophy of Zen is a "theoretical basis for Japanese martial arts, which is acknowledged by experts in the humanistic theory of martial arts. It is a pity that this book does not include any contemporary publications on the philosophy of martial arts, even those published in our Journal.

Kuehn John T. (2014), *A Military History of Japan. From the Age of the Samurai to the 21st Century*, Praeger, Santa Barbara, CA, 300 pp.

This American professor of military history has written an interesting monograph. The author's theses are well documented. The *Bushi* culture and *bushido* ethos are discussed. However there is nothing in the book on *budo* and martial arts, neither in the text nor in the index.

Leaf Murray J. (2014), *The Anthropology of Eastern Religions. Ideas, Organizations, and Constituencies*, Lexington Books, Lanham – Boulder – New York – London, 178 pp.

Dr Murray is a professor of anthropology and political economy at the University of Texas in Dallas. His new book is an interesting work. However, there is very little on *Bushido* (p. 161), and 'martial' (arts, ways) do not exist in the index of this book.

Pasterniak Wojciech [ed.] (2014), "Dydaktyka LiteratURY i Konteksty", vol. 33, 174 pp. [in Polish, with English abstracts].

At the beginning of 2015, the long-awaited Vol. 33 was released. In addition to texts devoted to fiction and social contexts, this issue contains a variety of interesting articles including: Zeng Zhenhao Howard: *Mosston's Spectrum of Teaching Styles and Its Latest Studies and Inquiries: A Brief Review of Literature*, pp. 98-104; Cynarski W.J.: *The way of the sword and literature. The ethos of chivalry in patriotic education*, 134-141; Pacholak Mariusz: *About axiology of wine culture*, 145-154. The latter is concerned with enotourism as a form of cultural tourism.

Salazar Noel B., Graburn Nelson H.H. [eds.] (2014), *Tourism Imaginaries. Anthropological Approaches*, Berghahn, New York – Oxford, 292 pp.

This interesting book was published under the scientific supervision of Prof. Salazar (Louven) and Prof. Graburn (Berkeley). The content was divided into two parts (the imaginaries of peoples and the imaginaries of places) with 5 chapters in each part, written by 10 authors from several countries. The book also contains 18 illustrations, an additional advantage.

Sorokowski Piotr, Sabiniewicz Agnieszka, Waciewicz Slawomir (2014), *The influence of the boxing stance on performance in professional boxers*, "Anthropological Review", vol. 77, no. 3, pp. 347-353.

It is interesting that boxers (N = 340) are also studied by the humanists, who analyse their lateralization. It turns out that the boxers using the southpaw stance are tougher opponents.

Wylezalek Joanna [ed.] (2014), *Travel and tourism from a social, philosophical and pedagogical perspective. Man in a globalizing society*, WSTiJO, Warsaw [in Polish]. Vol. 1 – 304, vol. 2 – 295 pp.

At the beginning of 2015 the Higher School of Tourism and Foreign Languages released this interesting, two-volume work on the cultural dimensions of tourism. It

comprises a total of 36 works published in 6 chapters. The first volume includes one chapter, which refers to the area of martial arts tourism [Cynarski W.J., *Intercultural dialogue and the identity of the traveller*, pp. 33-40].

Bak Marcin (2015), *Weapons in the time of lead and iron*, "wSieci", no. 39 (28IX-4X), pp. 70-72 [in Polish].

The author lists the facts referring to training in combat with bayonets, sabres and lances in Poland until 1939 (according to military regulations and other documents). Soldiers also practised the sport version of fencing with bayonets. There were similarities with the Japanese canon of military training.

Cynarski W.J. (2015), *Way of martial arts and politics*, "e-Politikon. Kwartalnik Naukowy Ośrodka Analiz Politologicznych Uniwersytetu Warszawskiego", no. 13, pp. 195-220 [in Polish].

Perhaps for the first time the political conditioning of martial arts practised in the Far East and Western countries has been written about, indicating that politicization can be regarded as a sign of pathology. The theses were illustrated with a series of examples.

Cynarski W.J., Niziol Anna [eds.] (2015), *Proceedings of the 3rd IMACSSS International Conference, and the 3rd World Scientific Congress of Combat Sports and Martial Arts*, Rzeszow, Poland, Oct. 15-17 2014, IMACSSS and Rzeszow University, Rzeszow, 86 pp. <http://wf.ur.edu.pl/Dzialalnosc-naukowa/Konferencje-cykliczne/Combat-Sports/2014csma/Proceedings-IMACSSS-2014.aspx>
This e-book was published as the 20th volume in the Lykeion Library series. It contains an Editorial and eight selected articles, written by: M. Luczak, J. Glinska-Wlaz, J.H. Yu *et al.*, D. Pawlik and M. Szyszko, Z. Reguli *et al.*, M. Vit *et al.*, W. Starosta, E. Szczepanowska and J. Bartkowiak.

Cynarski W.J., Sieber L. (2015), *Women in martial arts: three archetypes*, "IMAS Quarterly" / IQ Journal, vol. 4, no. 2, pp. 42-55. ISSN 2049-3649

The authors distinguish three archetypes of women practising martial arts: the princess, the dancer and the warrior. Profiles of outstanding female representatives of the world of martial arts are presented here.

Czarny Wojciech [ed.], "Scientific Review of Physical Culture", 2015, vol. 5, no. 2.

This year's second issue of the quarterly published by the Faculty of Physical Education at the University of Rzeszow contains, among texts relating to tourism, one interesting article dedicated to the warrior's way. It is: Cynarski W.J., Slopecki J., *Way of the jujutsu warrior Interview with Dr Jan Slopecki hanshi*, pp. 47-53.

Davies Norman (2015), *Trail of Hope*, Znak, Cracow, 600 pp. [in Polish].

This is a profound monograph on the epic journey of the Polish Army under General Władysław Anders traveling from Soviet captivity through Iran, Iraq, Palestine and Egypt, Italy and the UK. Prof. Davies describes and documents, clarifies and corrects false descriptions of this story existing in the media. The book is also available in English.

Dziubiński Zbigniew, Jankowski Krzysztof W. [eds.] (2015), *Physical culture and politics*, AWF & SALOS RP, Warsaw, 355 pp. [in Polish].

This is another in the series of "Salesian" monographs, the outcome of the SALOS RP organization's symposium. The book contains 31 works, divided into three thematic parts. In this broad spectrum of humanistic approaches there is one work on martial arts: Cynarski W.J., *The political implications of martial arts* (pp. 149-162).

Gerhardt Volker (2015), *The sense of meaning: Essay on the Divine*, Beck, Munich, 357 pp. [in German].

These are interesting considerations related to the philosophy and theology of the basic sense of life. Anyway, is there anything more important and more worthy of attention?

Kazimierczak M. [ed.] (2015), *Sport tourism. Socio-cultural potential and perspectives of development*, AWF, Poznań, 313 pp. [in Polish].

The book edited by Prof. Marek Kazimierczak is a result of the conference with a similar title. It is a collection of 26 works by various authors with different methodological approaches. It is divided into three thematic parts: 1) the socio-cultural face of sports tourism; 2) Conditions at, and image of sporting events; 3) Sport tourism as part of the process of developing a healthy lifestyle.

Krzyszowski Mirosław (director), Wasztyl Bogdan (scenario) (2015), *Pilecki*, film, 90 minutes, Poland.

Thanks to a social initiative this documentary was made about a great hero and righteous man – Witold Pilecki [photo 2]. It is worth seeing.

"Kwartalnik Edukacyjny", summer 2015, no. 2 (81), pp. 124.

The new issue of the magazine is devoted to the physical activity of young people. It includes, among others, an interview entitled: *One's own example is the best way to encourage others to recreational physical activity* (interview with the vice-dean of the Faculty of Physical Education Prof. UR. Wojciech Cynarski), pp. 31-33, conducted by Mariusz Kalandyk.

Martinkova Irena, Parry Jim (2015), *Martial Categories: Clarification and Classification*, "Journal of the Philosophy of Sport"; doi: 10.1080/00948705.2015.1038829.

Dr Martinkova and Prof. Dr Parry wrote this interesting article. Words such as: martial activities, close combat, warrior arts, martial arts, martial paths, martial sports, martial therapy are defined. The authors try to clarify the area.

Michelini Enrico (2015), *Disqualification of sport in health-related promotion of physical activity – A global social phenomenon?*, "European Journal for Sport and Society", vol. 12, no. 3, pp. 257-280.

Dr Michelini (from TU Dortmund) has written about rivalry in sport which is not a health-medium. A new paradigm and systems theory is the right approach here, and the article is interesting.

Moenig Udo (2015), *Taekwondo – From a martial art to a martial sport*, Routledge, London, 264 pp.

This is a book in which the history of *taekwondo* is presented without politicization and without "concocting a legend". The whole point of science is just discovering the truth.

Munsters Wil, Melkert Marjan [eds.] (2015), *Anthropology as a Driver for Tourism Research*, Garant, Antwerpen – Apeldoorn, 256 pp.

An extremely interesting monograph devoted to the problems of the relationship between cultural anthropology and tourism was published. Prof. Munsters has collected 11 interesting works by 13 authors. One of the more important texts in this book is the first chapter by W.J. Cynarski: *The system-anthropological approach as tourism research* (pp. 11-21), which sets out the links between selected forms of non-recreational tourism and anthropology, in newly-paradigmatic terms. A summary is found in the chapter by Munsters and Melkert: *Anthropology as a source of inspiration for cultural tourism studies* (pp. 205-225).

Nowakowski Andrzej, Bielec Grzegorz [eds.] (2015), *Essays in the history and contemporary management of human physical activity*, RS Druk, Rzeszów, 234 pp. [in Polish].

Prof. Dr Nowakowski and Dr Bielec wrote this book, dedicated to the memory of Prof. Mirosław Ponczek. It contains 12 works by nine authors. They concern the history, organization and management of physical culture.

Ozog Krzysztof, Sosnowski Leszek, Bujak Adam (2015), *Glory of Grunwald*, Biały Kruk, Cracow (Kraków), 296 pp. The author is Professor Ozog (Ożóg), the photographs are by Adam Bujak, and the editor is Leszek Sosnowski. It is an album (1st edn. - 2010) to celebrate the 605th anniversary of the great Battle of Grunwald, where the knights of the Polish Kingdom in alliance with the Grand Duchy of Lithuania defeated the aggressive army of the

Teutonic State. The book is published in three languages: English, German and Polish.

Rosu Samuel (2015), *From Belgium to Japan by bicycle*, "Aiki Goshindo Kaishi. Revue Culturelle Franco-Japonaise d'Arts Martiaux Takeda-ryu", no. 67, p. 24 [in French].

This Belgian student of the Takeda-ryu Maroto-ha School describes his cycling trip from Liege to Osaka (Japan). It is like another dimension to martial arts tourism, considering the fact that the endeavour involved *jujutsu* training in one of the Japanese *dojo*.

Saldern Matthias von, Stieglbauer Helmut (2015), *The way of the empty hand*, Norderstedt, 32 pp. + CD (audio), 52 min. [in German].

Prof. Dr. Matthias v. Saldern (7 dan *karate*) in dialogue with Helmut Stieglbauer presents the tale of the journey of *karate* in time, from the C3rd BC to today. The authors place the beginning of this journey in India in the time of King Ashoka. It is the 11th vol. in the series "Spirit – Technique – Body".

Szajna Gabriel, Cynarski W.J. (2015), *The motives and circumstances choice of fencing by the Polish epee-fencers* [in:] M. Zowislo, J. Kosiewicz [eds.], *Sport and tourism in the mirror of social values*, AWE, Cracow, pp. 533-544 [in Polish].

The fruit of the fourth conference of the Polish Society of Social Sciences of Sport is an extensive collective publication (pp. 616), published under the editorship of Prof. Maria Zowislo and Prof. Jerzy Kosiewicz. This book contains a chapter by Dr Szajna and Prof. Cynarski, which is the result of research on N = 170 fencers. This is an interesting contribution to the study of the motivation of athletes in combat sports.

Szarek Jaroslaw (2015), *1920. A true miracle on the Vistula, the Poles Awakening*, Publishers AA, Kraków, 496 pp. [in Polish].

The author is Dr Szarek, a historian. The preface is written by Prof. Andrzej Nowak. The book presents a political context to and the attitude of the Polish nation, which brought victory. Sometimes it is necessary to fight for the survival of the nation and its culture.

Szoltyssek Adolf E. (2015), *The philosophy of man. Biological and cultural development shaping*, Impuls, Cracow, 247 pp. [in Polish].

This is an interesting an original concept, highly praised by Prof. Wojciech Pasterniak (reviewer). The content is divided into 5 chapters: Human bioculture, Human psyche, Human mind, Human language, and Human axiology. The publication is about man and his culture, which "complements nature".

"Turystyka Kulturowa", 2015, vol. 6, no. 6 [in Polish, with English abstracts].

The new issue of the electronic magazine, edited by Przemyslaw Bur contains 7 texts including: Cynarski W.J., Chala J.: *Castles and tournaments: Tourism of military culture enthusiasts in Europe* (pp. 21-35); Tomczewska-Popowycz N.: *Castles and palaces of Ukraine as attraction for tourists* (36-50), which are interesting for researchers of martial arts science.

Vences de Brito A.M.V., Fereira Rodrigues M.A., Cynarski W.J., Gutierrez Garcia C. (2015), *Aging effects on neuromuscular activity in karate practitioners*, "Journal of Sports Science", vol. 3, pp. 203-213; doi: 10.17265/2332-7839/2015.05.001

Prof. Dr Antonio Vences de Brito supervises international studies which are carried out within the framework of the Division of Kinesiology, IMACSSS headed by him. These are the first results.

Warchol Krzysztof (2015), *Planning for physical education classes in early childhood education*, Fosze, Rzeszow, 124 pp. [in Polish].

Dr Warchol is an excellent teacher and methodologist of physical education. His new book is a practical manual for teachers in grades 1-3 of elementary school.

Zeng H.Z., Cynarski W.J., Baatz S., Park S.J. (2015), *Exploring the motivation of taekwondo athletes/students in New York City*, "World Journal of Education", vol. 5, no. 5, pp. 51-63.

Dr Howard Z. Zeng supervised this work on motivation in *taekwondo*. This issue is important for both pedagogy (the role of the PE teacher) and coaching (the role of the coach).

Zvonar M., Sajdlova Z. [eds.] (2015/2013), *Conference Proceedings: 9th International Conference on Sport and Quality of Life*, Masaryk Univ, Fac Sports Studies, Brno, Nov. 07-08, 2013, pp. 352.

The full text of proceedings from the 9th International Conference "Sport and Quality of Life" has now been published in the Web of Science. It contains two important articles on the *kenjutsu* school (Tenshinshoden Katorishinto-ryu): one by W.J. Cynarski: *The traditional art of swordmanship and its application today. A case study of one of the Japanese schools* (pp. 209-216), and the second on injuries in contact combat sports by Willy Pieter: *Cerebral Concussions in Young and Adult Athletes: Epidemiology and Mechanisms* (217-224).

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Fakty i komentarze 2015

Słowa kluczowe: wydarzenia, ludzie sztuk walki, konferencje, nowe publikacje

Abstrakt

Praca jest kroniką i recenzją wybranych ważniejszych wydarzeń naukowych i z zakresu studiów sztuk walki, które miały miejsce w okresie od grudnia 2014 do grudnia 2015. Analizy i refleksje dotyczą także wydarzeń, badań i publikacji z obszaru turystyki kulturowej, dialogów kulturowych i nauk o sporcie. Przedstawiono noty o serii konferencji, seminariów i warsztatów, jak

np. 22nd General Assembly Commemoration Symposium in Rzeszów, I Wrocławski Kongres Chińskich Sztuk Walki, 4th IMACSSS International Conference.

Wspomniane zostały osoby zasłużone dla badań sztuk walki i badań społecznych: Werner Lind, Tadeusz Kochanowski, Barbara Krawczyk i Kazimierz Obodyński. Przytoczono osoby promowane na wyższe stopnie, uhonorowane odznaczeniami lub nagrodzone w inny sposób. Wymieniono nowych członków SIP. Omówiono nowości wydawnicze z szeroko rozumianej dziedziny *martial arts science*, oraz badań społecznych, antropologicznych, kultury fizycznej i turystyki.